

What I Believe About Me!



For I am fearfully and wonderfully
made.

Psalm 139:14

By

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What I Believe About Me

I will praise thee; for I am fearfully and wonderfully made: marvelous are thy works; and that my soul knoweth right well. Psalm 139:14

I can do all things through Christ which strengtheneth me. Philippians 4:13

Anybody who tells you that parenting is easy, never parented my children. I have four wonderful daughters. They are smart, witty, very creative, quick on their feet and of course beautiful. Am I prejudice? A little. But, in spite of all of their pluses, they still confide in me that they sometimes have issues with self-esteem. They worry about their weight, how they are perceived by others, whether or not they are good enough to compete in certain arenas and the two that have children sometimes question their own parenting skills and the list goes on. Their issues are

typical of any young people growing and maturing. Their concerns are no different than those we faced when we were growing up. There is, however a difference. Societal pressures are greater now than ever before. There was an article out on the web entitled Self-Esteem – The Problem Behind All Problems. This article asserts that self-esteem is the major challenge of this current generation. It lies at the heart of many of the diverse issues and challenges faced by today's generation. In fact, the article goes on to say that because low self-esteem does not seem to be a problem, that is what makes it so very insidious. Many people who suffer from low self-esteem attribute their life challenges to wholly different causes. It has not occurred to them to relate their problems to how they regard themselves at their deepest level. Instead, they blame their problems on the external factors, a mean boss, racial or gender biases, abusive and or controlling mates, etc., which in themselves are serious issues, but until they get a

handle on their own self-perception, their struggle with the external issues grow increasingly more difficult. And to make matters worse societal pressures also have a serious impact on self-esteem. Society traditionally says that pencil stick models are the ideal size for today's women. Reality TV shows depict the lowest forms of human behavior such as ruthlessness and backstabbing as acceptable behavior. In fact, these negative behaviors are looked upon as being necessary to succeed or to be the best. People who display moral integrity are looked upon as out of touch, slow, and out of step with today's world. Never has this been more apparent than now. This sad mentality has even infected our government leaders locally, state wide, nationally and globally.

Well, I don't believe that everyone was meant to be pencil stick size nor do they have to be slim in order to be fit or beautiful. I don't believe that one has to be a ruthless backstabber in order to get a head in

this world and I don't believe that one has to be immoral in order to fit in or that we have to blindly follow the crowd in order to be accepted by society.

I know what you are thinking, you're thinking ok I know what you don't believe now tell me what you do believe. Well, I'm glad you asked. Let me tell you **What I Believe About Me** and as I do so, let me say that **What I Believe About Me** is what any follower of Christ should believe about him or herself. I say this because what I believe is what the Lord says about all of us.

I believe that I am fearfully and wonderfully made. I am strangely and delicately formed. Thanks to God our father I am wonderfully complex. I was not an experiment, I was not a second thought, I believe God has purposed me to be here and now! In other words I was not an accident. For nothing that God has created was an accident, If we are here, we were meant to be here regardless of race, creed, color, gender or any other marker that may be used to

describe me. I am fearfully and wonderfully made, which means that I am precious to God and therefore precious to myself. I was designed in his image and His likeness, which means that I not only look like Him, but I reflect his character as well. I am called according to his purpose! I am what He has made me to be. I am marvelous from my head to my toes! My soul cries with joy what God has done for me.

I am limitless! ***“I can do all things through Christ who strengtheneth me!”*** Philippians 4:13

I am invincible! ***“I can be troubled on every side but not distressed, I can be perplexed but not in despair, I can be persecuted, but not forsaken, cast down, but not destroyed!”*** 2nd Corinthians 4:8

I believe that ***“no weapon formed against me will prosper.”*** Isaiah 53:17

I know that there may be those who have seen what appear to be weakness in me, but what they don't know is that ***“when I am weak, because of how God has made me, then I am strong.”*** 2 Corinthians 12:10

I believe for even though “ *my outer man perishes, my inner man is renewed day by day*” 2Corinthians 4:16

I believe that “*I am crucified with Christ, nevertheless I live; and yet not I, but Christ liveth in me; and the life which I now live in the flesh I live by the faith of the Son of God who loved me and gave Himself for me.*”Galatians 2:20 Hallelujah! **That’s What I Believe About Me!**

Parents, when your children come to you for encouragement tell what you believe about them! Tell them how wonderfully God has made them for this time, for this place and for His purpose. Tell them this is **What I Believe about Me!**